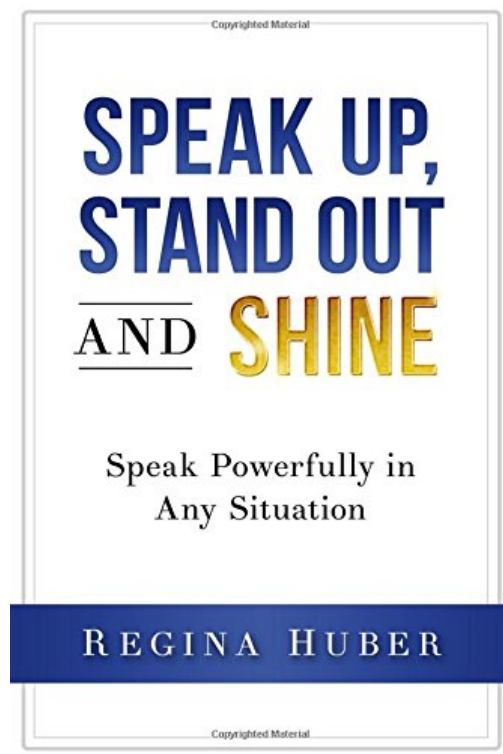


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Book Synopsis

Public speaking and presenting doesn't have to be scary. Speak up, Stand out and Shine prepares you mentally, physically and energetically for any speaking situation, online or offline. It equips you with tools that make speaking in meetings, in front of a room or from a stage less daunting. It is brimful with concepts and techniques that allow you to move through speaking anxiety and step into your power so you can enhance your speaking presence and come across as more powerful, authentic and confident; engage and connect with your audience on a deep level; increase your success as a speaker and communicator, while having fun with it. Speak up, Stand out and Shine was written for anyone with a message to share, whether you're an employee aspiring to be a leader, an entrepreneur wanting to get the word out about your business or to pitch to investors, a sales professional or consultant looking to become a more masterful presenter, a corporate leader seeking to show up more powerfully in meetings, a teacher or instructor, a coach, an inventor, an attorney, an activist, a politician, or an emerging motivational speaker. If you have something important to say, pick up Speak up, Stand out and Shine and read it!